

# Sculptra™ – aftercare tips

Poly-L-lactic acid



## Aftercare tips

To ensure the success of the gradual, long-lasting effect of Sculptra™, it is important that you comply with the aftercare instructions provided by your Healthcare Professional. Aftercare recommendations are as follows;

- For optimum effects it is important to massage the treated area twice daily for one month.
- Use moisturising cream or any other appropriate cream to reduce friction when massaging.
- Within the first 24 hours after treatment, an ice pack should be applied for a few minutes to the treated area to help reduce swelling. Wrap the ice in a cloth and avoid putting ice directly on your skin.
- Makeup may be applied a few hours after treatment if no complications are present.
- Avoid excessive sun and UV lamp exposure.
- Specific instructions:

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## Are there any side effects?

The most common side effect with the use of Sculptra™ includes bleeding, tenderness or pain, redness, bruising or swelling at the site of injection. These side effects generally resolve in 2-6 days. One possible delayed side effect with Sculptra™ can be small bumps under the skin in the treated area. These small bumps may not be visible, and you may notice them only when you press in the treated skin. Visible bumps, sometimes associated with redness or colour change to the treated area, have also been reported. As with all procedures that involve an injection through the skin, there is risk of infection. Report any side effects to your Healthcare Professional.

Side effects can be avoided or reduced if you ensure you have treatment by someone who has completed the Sculptra™ training programme and you follow your recommended aftercare tips.

Sculptra™  
Poly-L-lactic acid

Gradual, Subtle, Fresh

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